**Dinner for the family**

**What you need:** Ingredients for your chosen meal

**What to do:**

Ask an adult to help you find a recipe of something you would like to cook.

Write a list of ingredients and go shopping together.

Follow the recipe and serve up a delicious meal for the whole family.

**What it is good for:**

Following instructions, life skills, motor skills, awareness of healthy eating.

**Passions poster**

**What you need:** Pen, paper, felt tips

**What to do:**

Write and decorate a poster all about what it is that you enjoy doing. Eg. Minecraft, make-up, baking.

**What it is good for:**

Creative thinking, fine motor skills, handwriting practise.

