**Gosden House School RSE Coverage**

*Guided by the national curriculum including the EYFS, the PSHE association and linking to bsquared*

*See separate guide outlining progression of resources to be used in each year group*

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| **Year Group** | **Curriculum coverage & Learning objectives** |
| Primary – See PSHE LTP Overview for more information on ‘making relationships’ and other areas of learning. Respectful relationships as part of RSE teaching & learning. |
| EYFSReception | **Families and people who care for me** | **Respectful Relationships** | **Being safe** |
| **Learning Objectives** | I know who is in my family I know some families are different to my own I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.) | I understand what respect means I know some ways I can respect my friends I know that I need to ask if I want to give someone a hug I know that I am allowed to say no if someone wants to give me a hug  | I know that my body belongs to me I know which parts of my body are private I know how to ask for help if I need it |
| KS1Year 1 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** |
| **Learning Objectives** | I know who is in my family I know some families are different to my own I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.) | I understand what respect means I know some ways I can respect my friends I know that I need to ask if I want to give someone a hug I know that I am allowed to say no if someone wants to give me a hug  | I know that my body belongs to me I know which parts of my body are private I know how to ask for help if I need it |
| KS1Year 2 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** |
| **Learning Objectives** | I know who is in my family I know some families are different to my own I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.) | I understand what respect means I know some ways I can respect my friends I know that I need to ask if I want to give someone a hug I know that I am allowed to say no if someone wants to give me a hug I know what marriage is I know what a civil partnership is  | I know that my body belongs to me I know which parts of my body are private I know how to ask for help if I need itI can recognise appropriate and inappropriate touch  |
| KS2Year 3 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** |
| **Learning Objectives** | I know some families are different to my own I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.)I know some ways that families care for each other.  | I know what self-respect isI know how I can show self-respectI know that I deserve to be treated with respect I know that I how to say no if I do not want a hug/high 5 etc. I know that I need to ask if I want to give someone a hug I know what marriage is I know what a civil partnership is  | I know that my body belongs to me I know which parts of my body are private I know how to ask for help if I need itI can recognise appropriate and inappropriate touch  |
| KS2Year 4 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** |
| **Learning Objectives** | I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.)I know some ways that families care for each other. I know what healthy family life looks like(explore; commitment to each other, protection and care for children and other family members).  | I know what self-respect isI know how I can show self-respectI know that I deserve to be treated with respect I know what a boundary is I know what to do if someone wants to break my boundary (saying no, asking for help) I know that I how to say no if I do not want a hug/high 5 etc. I know that I need to ask if I want to give someone a hug  | I know that my body belongs to me I know which parts of my body are private I know how to ask for help if I need itI can recognise appropriate and inappropriate touch  |
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| Upper KS2Year 5 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** | **Growing Up & Puberty** |
| **Learning Objectives** | I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.)I know some ways that families care for each other. I know what healthy family life looks like(explore; commitment to each other, protection and care for children and other family members). I know how to recognise if family relationships are making me feel unhappy or unsafe.  | I know what respect means I understand some ways I can respect othersI understand how I can practise self-respect I know what a boundary is To understand how to set a boundary To understand what consent meansTo understand what a boundary is I can make my own boundary (i.e. not to touch my hair) | I know that my body belongs to meI know what consent means (i.e. in relation to touching such as hand holding/hugging). I know which parts of my body are private I can recognise appropriate and inappropriate touch I know how to ask for help if I need it | To learn about physical changes that may be experienced during puberty (i.e. hair growth, voice dropping). To learn about the biological changes that may happen to your body during puberty.I can label the body parts on a body with a penis. I can label the body parts on a body with a vagina. To learn about the importance of personal hygiene during puberty. |
| Upper KS2Year 6 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** | **Growing Up & Puberty**  |
| **Learning Objectives** | I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.)I know some ways that families care for each other. I know what healthy family life looks like (explore; commitment to each other, protection and care for children and other family members). I know how to recognise if family relationships are making me feel unhappy or unsafe.  | I know what respect means I understand some ways I can respect othersI understand how I can practise self-respect I know what a boundary is To understand how to set a boundary To understand what consent means | I know that my body belongs to meI know what consent means (i.e. in relation to touching such as hand holding/hugging). I know which parts of my body are private I can recognise appropriate and inappropriate touch I know how to ask for help if I need itI know what privacy means To understand that it is not always right to keep secrets if they relate to being safe.  | To learn about physical changes that may be experienced during puberty (i.e. hair growth, voice dropping). To learn about the biological changes that happen to your body during puberty.I can label the body parts on a body with a penis. I can label the body parts on a body with a vagina. To learn about the importance of personal hygiene during puberty.To understand how and why emotions may change during puberty.I know how to find out more & get help if I have any questions about puberty.To learn about managing change (new roles and responsibilities as we grow up). |
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| **Year Group**  | **Curriculum coverage & Learning objectives** |
| Secondary – Online and media in relation to RSE outlined here i.e. sexting etc. More extensive e – safety planning included in PSHE outside of RSE  |
| Simmonds  | **Me and my respectful relationships** | **Online & media** | **Being Safe** | **Intimate and sexual relationships, including sexual health** |
| **Learning Objectives** | I know what a healthy relationship looks like I know what puberty is I understand the human life cycle I know the changes a body will go through during puberty I know that hormones will affect how I feel I know what a menstrual cycle/period isI know what will happen when I am on my periodI know how to manage my periodsI know what a wet dream is I know what will happen when I have a wet dream I know how to manage when I have a wet dreamI can tell you about the structure of the reproduction systems I know what fertilisation meansI know what gestation means | To understand how to show respect online as you would in real life To understand that anything they share online could be seen by people they do not knowTo realise that images of bodies in the media have been edited and are not real To know that how I look is not the most important thing about me  | I know that my body belongs to meI know what consent means (i.e. in relation to touching such as hand holding/hugging). I know which parts of my body are private I can recognise appropriate and inappropriate touch I know how to ask for help if I need itI know what privacy means To understand that it is not always right to keep secrets if they relate to being safe. I can recognise appropriate and inappropriate touch  | To acknowledge and respect the right not to have intimate relationships until ready and learn about readiness for sexTo learn about different types of contraception and how to access these (including emergency contraception) To learn about diversity in sexual attraction To learn about diversity in sexuality To understand the difference between assigned sex at birth, gender identity and sexual orientation I know that it is illegal to have sex before 16 years of age and that this law is in place to protect me |
| KS3Year 7 & Year 8  | **Me and my respectful relationships**  | **Online & media** | **Being Safe**  | **Intimate and sexual relationships, including sexual health** |
| **Learning Objectives** | I know what a healthy relationship looks like I know what puberty is I understand the human life cycle I know the changes a body will go through during puberty I know that hormones will affect how I feel I know what a menstrual cycle/period isI know what will happen when I am on my periodI know how to manage my periodsI know what a wet dream is I know what will happen when I have a wet dream I know how to manage when I have a wet dreamI can tell you about the structure of the reproduction systems I know what fertilisation meansI know what gestation means |  To understand how to show respect online as you would in real life To understand that anything they share online could be seen by people they do not knowTo realise that images of bodies in the media have been edited and are not real To know that how I look is not the most important thing about me  | I know that my body belongs to meI know what consent meansI know how to say no I know which parts of my body are private I can recognise appropriate and inappropriate touch I know how to ask for help if I need itI know what privacy means To understand that it is not always right to keep secrets if they relate to being safeI can recognise appropriate and inappropriate touch  | To acknowledge and respect the right not to have intimate relationships until ready and learn about readiness for sexTo learn about diversity in sexual attraction To learn about diversity in sexuality To understand the difference between assigned sex at birth, gender identity and sexual orientation I know that it is illegal to have sex before 16 years of age and that this law is in place to protect me  |
| KS3Year 9 | **Me and my respectful relationships** | **Online & media** | **Being Safe** | **Intimate and sexual relationships, including sexual health** |
| **Learning Objectives** | I know that there are different types of committed, stable relationshipsI can identify different types of love I know what a healthy relationship looks like I know what puberty is I understand the human life cycle I know the changes a body will go through during puberty I know that hormones will affect how I feel I know what a menstrual cycle/period isI know what will happen when I am on my periodI know how to manage my periodsI know what a wet dream is I know what will happen when I have a wet dream I know how to manage when I have a wet dreamI can tell you about the structure of the reproduction systems I know what fertilisation meansI know what gestation meansTo know that masturbation is a natural way of exploring your own body. To understand the difference between public and private spaces. | To understand how to show respect online as you would in real life To understand not to share images of other people online To understand that anything they share online will be there forever To understand that anything they share online could be seen by people they do not knowTo know how to set privacy settings onlineTo realise that images of bodies in the media have been edited and are not real To know that how I look is not the most important thing about me  | I know that my body belongs to meI know what consent meansI know how to say no I know which parts of my body are private I can recognise appropriate and inappropriate touch I know how to ask for help if I need itI know what privacy means To understand that it is not always right to keep secrets if they relate to being safeI can recognise appropriate and inappropriate touch  | To acknowledge and respect the right not to have intimate relationships until ready and learn about readiness for sexTo learn about diversity in sexual attraction To learn about diversity in sexuality To understand the difference between assigned sex at birth, gender identity and sexual orientation To understand how teenage pregnancy happens and how it affects the teenagersI know that it is illegal to have sex before 16 years of age and that this law is in place to protect me |
| KS4Year 10 & Year 11 | **Me and my respectful****relationships** | **Online & media** | **Being Safe** | **Intimate and sexual relationships, including sexual health** |
| **Learning Objectives** | I know that there are different types of committed, stable relationshipsI can identify different types of love I know what a healthy relationship looks like I know how to treat a boyfriend or girlfriend I know how I should be treated by a boyfriend or girlfriendI know what sexual harassment is. I know that sexual harassment is always unacceptable. To understand and discuss the differences between and the terms associated with, sex, gender, gender identity and sexual orientation.I can tell you about the structure of the reproduction systems I know what fertilisation meansI know what gestation meansTo know that masturbation is a natural way of exploring your own body. To understand the difference between public and private spaces.***Repeat from previous year groups in more depth where needed;*** I know what puberty is I understand the human life cycle I know the changes a body will go through during puberty I know that hormones will affect how I feel I know what a menstrual cycle/period isI know what will happen when I am on my periodI know how to manage my periodsI know what a wet dream is I know what will happen when I have a wet dream I know how to manage when I have a wet dream | To learn to recognise the portrayal and impact of sex in the media and social media (which might include music videos, advertising and sexual images shared between young people, the unrealistic portrayal of relationships and sex in pornography) To understand how to show respect online as you would in real life To understand not to share images of other people online To understand that anything they share online will be there forever To understand that anything they share online could be seen by people they do not knowTo know how to set privacy settings onlineTo realise that images of bodies in the media have been edited and are not real To know that how I look is not the most important thing about me  | I know what consent meansI know how to say no I know how people can communicate consentI know how and when consent can be withdrawnI understand the importance of seeking and giving consentI can recognise appropriate and inappropriate touch I know how to ask for help if I need itI know what privacy means To understand that it is not always right to keep secrets if they relate to being safe | To acknowledge and respect the right not to have intimate relationships until ready and learn about readiness for sexI know that it is illegal to have sex before 16 years of age and that this law is in place to protect meTo know that there are choices and different pathways available in relation to pregnancyTo understand what abortion is including the current legal position and the range of beliefs and opinions around thisTo learn about different types of contraception and how to access these (including emergency contraception) To learn about diversity in sexual attraction To learn about diversity in sexuality To understand the difference between assigned sex at birth, gender identity and sexual orientation I know that certain infections can be spread through sexual activity and that barrier contraceptives offer some protection against STIsTo learn the reasons why parents, choose to adopt/foster or to place children for adoption/fosteringTo understand how teenage pregnancy happens and how it affects the teenagers |