**Gosden House School RSE Coverage**

*Guided by the national curriculum including the EYFS, the PSHE association and linking to bsquared*

*See separate guide outlining progression of resources to be used in each year group*

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| **Year Group** | **Curriculum coverage & Learning objectives** | | |
| Primary – See PSHE LTP Overview for more information on ‘making relationships’ and other areas of learning. Respectful relationships as part of RSE teaching & learning. | | | |
| EYFS  Reception | **Families and people who care for me** | **Respectful Relationships** | **Being safe** |
| **Learning Objectives** | I know who is in my family  I know some families are different to my own  I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.) | I understand what respect means  I know some ways I can respect my friends  I know that I need to ask if I want to give someone a hug  I know that I am allowed to say no if someone wants to give me a hug | I know that my body belongs to me  I know which parts of my body are private  I know how to ask for help if I need it |
| KS1  Year 1 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** |
| **Learning Objectives** | I know who is in my family  I know some families are different to my own  I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.) | I understand what respect means  I know some ways I can respect my friends  I know that I need to ask if I want to give someone a hug  I know that I am allowed to say no if someone wants to give me a hug | I know that my body belongs to me  I know which parts of my body are private  I know how to ask for help if I need it |
| KS1  Year 2 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** |
| **Learning Objectives** | I know who is in my family  I know some families are different to my own  I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.) | I understand what respect means  I know some ways I can respect my friends  I know that I need to ask if I want to give someone a hug  I know that I am allowed to say no if someone wants to give me a hug  I know what marriage is  I know what a civil partnership is | I know that my body belongs to me  I know which parts of my body are private  I know how to ask for help if I need it  I can recognise appropriate and inappropriate touch |
| KS2  Year 3 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** |
| **Learning Objectives** | I know some families are different to my own  I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.)  I know some ways that families care for each other. | I know what self-respect is  I know how I can show self-respect  I know that I deserve to be treated with respect  I know that I how to say no if I do not want a hug/high 5 etc.  I know that I need to ask if I want to give someone a hug  I know what marriage is  I know what a civil partnership is | I know that my body belongs to me  I know which parts of my body are private  I know how to ask for help if I need it  I can recognise appropriate and inappropriate touch |
| KS2  Year 4 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** |
| **Learning Objectives** | I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.)  I know some ways that families care for each other.  I know what healthy family life looks like  (explore; commitment to each other, protection and care for children and other family members). | I know what self-respect is  I know how I can show self-respect  I know that I deserve to be treated with respect  I know what a boundary is  I know what to do if someone wants to break my boundary (saying no, asking for help)  I know that I how to say no if I do not want a hug/high 5 etc.  I know that I need to ask if I want to give someone a hug | I know that my body belongs to me  I know which parts of my body are private  I know how to ask for help if I need it  I can recognise appropriate and inappropriate touch |
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| Upper KS2  Year 5 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** | **Growing Up & Puberty** |
| **Learning Objectives** | I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.)  I know some ways that families care for each other.  I know what healthy family life looks like  (explore; commitment to each other, protection and care for children and other family members).  I know how to recognise if family relationships are making me feel unhappy or unsafe. | I know what respect means  I understand some ways I can respect others  I understand how I can practise self-respect  I know what a boundary is  To understand how to set a boundary  To understand what consent means  To understand what a boundary is  I can make my own boundary (i.e. not to touch my hair) | I know that my body belongs to me  I know what consent means (i.e. in relation to touching such as hand holding/hugging).  I know which parts of my body are private  I can recognise appropriate and inappropriate touch  I know how to ask for help if I need it | To learn about physical changes that may be experienced during puberty (i.e. hair growth, voice dropping).  To learn about the biological changes that may happen to your body during puberty.  I can label the body parts on a body with a penis.  I can label the body parts on a body with a vagina.  To learn about the importance of personal hygiene during puberty. |
| Upper KS2  Year 6 | **Families and people who care for me** | **Respectful Relationships** | **Being safe** | **Growing Up & Puberty** |
| **Learning Objectives** | I know that there are a lot of different types of families (including LGBT parents, foster families, adoptive families, step-families, single parent families et al.)  I know some ways that families care for each other.  I know what healthy family life looks like (explore; commitment to each other, protection and care for children and other family members).  I know how to recognise if family relationships are making me feel unhappy or unsafe. | I know what respect means  I understand some ways I can respect others  I understand how I can practise self-respect  I know what a boundary is  To understand how to set a boundary  To understand what consent means | I know that my body belongs to me  I know what consent means (i.e. in relation to touching such as hand holding/hugging).  I know which parts of my body are private  I can recognise appropriate and inappropriate touch  I know how to ask for help if I need it  I know what privacy means  To understand that it is not always right to keep secrets if they relate to being safe. | To learn about physical changes that may be experienced during puberty (i.e. hair growth, voice dropping).  To learn about the biological changes that happen to your body during puberty.  I can label the body parts on a body with a penis.  I can label the body parts on a body with a vagina.  To learn about the importance of personal hygiene during puberty.  To understand how and why emotions may change during puberty.  I know how to find out more & get help if I have any questions about puberty.  To learn about managing change (new roles and responsibilities as we grow up). |
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| **Year Group** | **Curriculum coverage & Learning objectives** | | | |
| Secondary – Online and media in relation to RSE outlined here i.e. sexting etc. More extensive e – safety planning included in PSHE outside of RSE | | | | |
| Simmonds | **Me and my respectful relationships** | **Online & media** | **Being Safe** | **Intimate and sexual relationships, including sexual health** |
| **Learning Objectives** | I know what a healthy relationship looks like  I know what puberty is  I understand the human life cycle  I know the changes a body will go through during puberty  I know that hormones will affect how I feel  I know what a menstrual cycle/period is  I know what will happen when I am on my period  I know how to manage my periods  I know what a wet dream is  I know what will happen when I have a wet dream  I know how to manage when I have a wet dream  I can tell you about the structure of the reproduction systems  I know what fertilisation means  I know what gestation means | To understand how to show respect online as you would in real life  To understand that anything they share online could be seen by people they do not know  To realise that images of bodies in the media have been edited and are not real  To know that how I look is not the most important thing about me | I know that my body belongs to me  I know what consent means (i.e. in relation to touching such as hand holding/hugging).  I know which parts of my body are private  I can recognise appropriate and inappropriate touch  I know how to ask for help if I need it  I know what privacy means  To understand that it is not always right to keep secrets if they relate to being safe.  I can recognise appropriate and inappropriate touch | To acknowledge and respect the right not to have intimate relationships until ready and learn about readiness for sex  To learn about different types of contraception and how to access these (including emergency contraception)  To learn about diversity in sexual attraction  To learn about diversity in sexuality  To understand the difference between assigned sex at birth, gender identity and sexual orientation  I know that it is illegal to have sex before 16 years of age and that this law is in place to protect me |
| KS3  Year 7 & Year 8 | **Me and my respectful relationships** | **Online & media** | **Being Safe** | **Intimate and sexual relationships, including sexual health** |
| **Learning Objectives** | I know what a healthy relationship looks like  I know what puberty is  I understand the human life cycle  I know the changes a body will go through during puberty  I know that hormones will affect how I feel  I know what a menstrual cycle/period is  I know what will happen when I am on my period  I know how to manage my periods  I know what a wet dream is  I know what will happen when I have a wet dream  I know how to manage when I have a wet dream  I can tell you about the structure of the reproduction systems  I know what fertilisation means  I know what gestation means | To understand how to show respect online as you would in real life  To understand that anything they share online could be seen by people they do not know  To realise that images of bodies in the media have been edited and are not real  To know that how I look is not the most important thing about me | I know that my body belongs to me  I know what consent means  I know how to say no  I know which parts of my body are private  I can recognise appropriate and inappropriate touch  I know how to ask for help if I need it  I know what privacy means  To understand that it is not always right to keep secrets if they relate to being safe  I can recognise appropriate and inappropriate touch | To acknowledge and respect the right not to have intimate relationships until ready and learn about readiness for sex  To learn about diversity in sexual attraction  To learn about diversity in sexuality  To understand the difference between assigned sex at birth, gender identity and sexual orientation  I know that it is illegal to have sex before 16 years of age and that this law is in place to protect me |
| KS3  Year 9 | **Me and my respectful relationships** | **Online & media** | **Being Safe** | **Intimate and sexual relationships, including sexual health** |
| **Learning Objectives** | I know that there are different types of committed, stable relationships  I can identify different types of love  I know what a healthy relationship looks like  I know what puberty is  I understand the human life cycle  I know the changes a body will go through during puberty  I know that hormones will affect how I feel  I know what a menstrual cycle/period is  I know what will happen when I am on my period  I know how to manage my periods  I know what a wet dream is  I know what will happen when I have a wet dream  I know how to manage when I have a wet dream  I can tell you about the structure of the reproduction systems  I know what fertilisation means  I know what gestation means  To know that masturbation is a natural way of exploring your own body.  To understand the difference between public and private spaces. | To understand how to show respect online as you would in real life  To understand not to share images of other people online  To understand that anything they share online will be there forever  To understand that anything they share online could be seen by people they do not know  To know how to set privacy settings online  To realise that images of bodies in the media have been edited and are not real  To know that how I look is not the most important thing about me | I know that my body belongs to me  I know what consent means  I know how to say no  I know which parts of my body are private  I can recognise appropriate and inappropriate touch  I know how to ask for help if I need it  I know what privacy means  To understand that it is not always right to keep secrets if they relate to being safe  I can recognise appropriate and inappropriate touch | To acknowledge and respect the right not to have intimate relationships until ready and learn about readiness for sex  To learn about diversity in sexual attraction  To learn about diversity in sexuality  To understand the difference between assigned sex at birth, gender identity and sexual orientation  To understand how teenage pregnancy happens and how it affects the teenagers  I know that it is illegal to have sex before 16 years of age and that this law is in place to protect me |
| KS4  Year 10 & Year 11 | **Me and my respectful**  **relationships** | **Online & media** | **Being Safe** | **Intimate and sexual relationships, including sexual health** |
| **Learning Objectives** | I know that there are different types of committed, stable relationships  I can identify different types of love  I know what a healthy relationship looks like  I know how to treat a boyfriend or girlfriend  I know how I should be treated by a boyfriend or girlfriend  I know what sexual harassment is. I know that sexual harassment is always unacceptable.  To understand and discuss the differences between and the terms associated with, sex, gender, gender identity and sexual orientation.  I can tell you about the structure of the reproduction systems  I know what fertilisation means  I know what gestation means  To know that masturbation is a natural way of exploring your own body.  To understand the difference between public and private spaces.  ***Repeat from previous year groups in more depth where needed;***  I know what puberty is  I understand the human life cycle  I know the changes a body will go through during puberty  I know that hormones will affect how I feel  I know what a menstrual cycle/period is  I know what will happen when I am on my period  I know how to manage my periods  I know what a wet dream is  I know what will happen when I have a wet dream  I know how to manage when I have a wet dream | To learn to recognise the portrayal and impact of sex in the media and social media (which might include music videos, advertising and sexual images shared between young people, the unrealistic portrayal of relationships and sex in pornography)  To understand how to show respect online as you would in real life  To understand not to share images of other people online  To understand that anything they share online will be there forever  To understand that anything they share online could be seen by people they do not know  To know how to set privacy settings online  To realise that images of bodies in the media have been edited and are not real  To know that how I look is not the most important thing about me | I know what consent means  I know how to say no  I know how people can communicate consent  I know how and when consent can be withdrawn  I understand the importance of seeking and giving consent  I can recognise appropriate and inappropriate touch  I know how to ask for help if I need it  I know what privacy means  To understand that it is not always right to keep secrets if they relate to being safe | To acknowledge and respect the right not to have intimate relationships until ready and learn about readiness for sex  I know that it is illegal to have sex before 16 years of age and that this law is in place to protect me  To know that there are choices and different pathways available in relation to pregnancy  To understand what abortion is including the current legal position and the range of beliefs and opinions around this  To learn about different types of contraception and how to access these (including emergency contraception)  To learn about diversity in sexual attraction  To learn about diversity in sexuality  To understand the difference between assigned sex at birth, gender identity and sexual orientation  I know that certain infections can be spread through sexual activity and that barrier contraceptives offer some protection against STIs  To learn the reasons why parents, choose to adopt/foster or to place children for adoption/fostering  To understand how teenage pregnancy happens and how it affects the teenagers |